

# Stundenplan

| MONTAG   | DIENSTAG  | MITTWOCH  | DONNERSTAG  | FREITAG   | SAMSTAG  | SONNTAG   |
|--|---|---|---|---|--|---|
| <b>DANCE MIX &amp; BAUCH-BEINE-PO</b><br>Erw.<br><b>10:00-11:00 Uhr</b><br>Anita |   |   | <b>PILATES</b><br>Erw.<br><b>10:00-11:00 Uhr</b><br>Anita                 | <b>CARDIO &amp; BAUCH-BEINE-PO</b><br>Erw.<br><b>09:30-10:30 Uhr</b><br>Anita | <b>BAUCH-BEINE-PO</b><br>Teens & Erw.<br><b>11:00-12:00 Uhr</b><br>Lea | <b>ZUMBA®</b><br>Teens & Erw.<br><b>11:00-12:00 Uhr</b><br>Meli             |
|  |   |   |   | <b>HIP HOP</b><br>Kids ab 6 J.<br><b>15:30-16:15 Uhr</b><br>Alina             |  |   |
| <b>BALLETT</b><br>Kids ab 6 J.<br><b>16:30-17:15 Uhr</b><br>Rebecca B.           | <b>JAZZ DANCE</b><br>Kids ab 6 J.<br><b>16:15-17:00 Uhr</b><br>Kira           | <b>ZUMBA®KIDS</b><br>Kids ab 6 J.<br><b>16:30-17:15 Uhr</b><br>Tine                   | <b>BALLETT</b><br>Kids ab 6 J.<br><b>16:30-17:15 Uhr</b><br>Sarah         | <b>HIP HOP</b><br>Kids ab 9 J.<br><b>16:15-17:15 Uhr</b><br>Alina             |  |   |
| <b>ZUMBA®</b><br>Teens & Erw.<br><b>17:15-18:15 Uhr</b><br>Johanna-Maria         | <b>JAZZ DANCE</b><br>Kids ab 10 J.<br><b>17:00-18:00 Uhr</b><br>Kira          | <b>ZUMBA®KIDS</b><br>Kids ab 8 J.<br><b>17:15-18:00 Uhr</b><br>Tine                   | <b>BALLETT</b><br>Kids ab 8 J.<br><b>17:15-18:00 Uhr</b><br>Sarah         | <b>HIP HOP</b><br>Teens & Erw.<br><b>17:15-18:15 Uhr</b><br>Alina             |  |   |
| <b>REGGAETON</b><br>Teens & Erw.<br><b>18:15-19:15 Uhr</b><br>Vale               | <b>BAUCH-BEINE-PO</b><br>Teens & Erw.<br><b>18:00-19:00 Uhr</b><br>Rebecca N. | <b>ZUMBA®</b><br>Teens & Erw.<br><b>18:00-19:00 Uhr</b><br>Tim                        | <b>ZUMBA®</b><br>Teens & Erw.<br><b>18:00-19:00 Uhr</b><br>Rico           | <b>PILATES</b><br>Teens & Erw.<br><b>18:15-19:15 Uhr</b><br>Anita             |  |   |
| <b>BALLETT I/II</b><br>Teens & Erw.<br><b>19:15-20:15 Uhr</b><br>Anita           | <b>ZUMBA®</b><br>Teens & Erw.<br><b>19:00-20:00 Uhr</b><br>Sara               | <b>CARDIO &amp; BAUCH-BEINE-PO</b><br>Teens & Erw.<br><b>19:00-20:00 Uhr</b><br>Anita | <b>BALLETT GK</b><br>Teens & Erw.<br><b>19:00-20:00 Uhr</b><br>Anita      | <b>JAZZ DANCE GK/I</b><br>Teens & Erw.<br><b>19:15-20:15 Uhr</b><br>Anita     |  |   |
| <b>CONTEMPORARY</b><br>Teens & Erw.<br><b>20:15-21:15 Uhr</b><br>Anita           | <b>YOGA</b><br>Teens & Erw.<br><b>20:00-21:00 Uhr</b><br>Conny                | <b>PILATES</b><br>Teens & Erw.<br><b>20:00-21:00 Uhr</b><br>Anita                     | <b>JAZZ DANCE I/II</b><br>Teens & Erw.<br><b>20:00-21:00 Uhr</b><br>Anita |   |  | GK= Grundkurs<br>I= Mittelstufe<br>II= Fortgeschrittene<br>k.A.= Open Level |